

Sermon Notes

GROWTH GROUP HOMEWORK

For the week of March 8, 2026

Looking back over your notes, what did you find most helpful, challenging, or interesting?

My Story

- 1.** These warmer temperatures have got us dreaming of spring! What is your favorite and/or least favorite thing about spring?
- 2.** What is something you're passionate about right now? It could be a hobby. It might be a cause that is important to you. It could just be a broad topic that you find particularly interesting.
- 3.** If you could be a contestant on any game show or reality show, which one would you choose? (It doesn't have to be a show that is currently on the air.)

Digging Deeper

- 4.** Let's try and get a sense of Israel's journey before the story we read this week in Exodus 17.

Read Exodus 14:10-25. What was the Israelites' complaint? What did the Lord do?

Read Exodus 15:22-27. What was the Israelites' complaint? What did the Lord do?

Read Exodus 16:1-5, 9-19. What was the Israelites' complaint? What did the Lord do?

Now read the passage from Sunday, Exodus 17:1-7. What was the Israelites' complaint? What did the Lord do?

By this point in the story, the people had seen God do so much. Yet, they still doubted. Why do you think this is? How are we similar to the Israelites?

- 5.** God tells Moses to strike the rock for water to come out of it so the people could drink. Here are some other places in scripture where water (or living water) is used as a metaphor for God's provision.

Isaiah 55:1-5

Jeremiah 2:9-13

John 4:5-15

John 7:37-39

1 Corinthians 10:1-13

Revelation 22:1-5

Why is the imagery of water so powerful? What does it communicate about God's love and provision? What does it teach us about our relationship with God?

Taking It Home

6. Why do you think we so easily forget the things God has done for us, even though he has provided for us time after time? Why is our first response to hardship often to complain about God?

What do you think 1 Corinthians 10:13 means – “No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide a way out so that you may be able to endure it.”

Read Psalm 23 each day this week as a Lenten practice. Meditate on what it means to say that with the Lord we “shall not want”.

7. What “thirst” do you have in your life that needs to be quenched, something deep down that needs to be satisfied? What do you need from the Lord to quench this thirst? How can your Growth Group help you?